



# 8 Petals Yoga

Presents

## Rebecca Lerner

in a Weekend Workshop

Rebecca Lerner is co-director/owner of the Center for Well-Being in Lemont, Pennsylvania and an Intermediate Senior I Certified Iyengar Yoga Instructor. Rebecca makes frequent trips to



India to study with the Iyengars. A devoted practitioner since the late '70s, Rebecca is an IYNAUS assessor and Chair of the Ethics Committee and Certification Liason. She conducts workshops nationally as well as teacher training programs. Rebecca is known for her ability to guide the students deeply into the poses in a fresh, insightful and meaningful way.



She has a gentle yet dynamic teaching style that brings each student a heightened yogic experience. Share and enjoy the enthusiasm, inspiration and expertise.

**8 Petals Yoga Studio**  
1317 Commercial Ave Suite #203  
Bellingham Wa 98225

**June 15-17, 2012**

**Workshop**

**Friday 6pm-8pm**

**Saturday 10am-1pm**

**Saturday 3:30pm-5:30pm**

**Sunday 10am-1pm**

**Teacher Training**

**Sunday 2pm-5pm**

Workshop is \$180 (\$235 with teacher training) if paid in full by April 16. Partial attendance is available.

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www.8PetalsYoga.com